

WRIST

1. Use extremity coil, dedicated wrist coil, or flex coil
2. Make sure coil and wrist are properly position to ensure adequate SNR
3. For axial imaging cover below the radioulnar space to the base of the metacarpals
4. For coronal imaging position slices parallel to the carpals
5. For sagittal imaging position the slices perpendicular to the carpals
6. Use saturation bands to null arterial pulsatile flow
7. If required, contrast dosage 0.1mmol/kg
8. Use the smallest field of view (80mm-100mm) and highest spatial resolution possible

(1) SCOUT

(2) COR PD HYBRID FS

(3) COR T1 SE

(4) SAG STIR

(5) AXIAL PD HYBRID FS

(6) AXIAL T1

(7) COR MPGR only thru bones (1.0 mm/zero spacing)

Optional

Cor STIR if poor fat sat